




# Recreation Calendar February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 Teen Fitness 3:30-5pm Adult Fitness 5-8 pm Bootcamp w/Tammy @ FNS 5-6pm Men's Floor Hockey 6:30-8pm</p>	<p>2 <b>Adult Swim @ Smithers</b> Step w/Tammy 12-1pm Youth leadership w/Pansy 1:30-3pm Nash Basketball Tourney Training Teams @JFE 5-7pm</p>	<p>3 Mom's &amp; Tots Skate @ Arena 1-3pm Floor Hockey 4-6pm(12 &amp; under) Gitxsan Dancing 6-8pm</p>	<p>4 Step w/Tammy 12-1pm Circuit Fitness w/Evie 4:30-5:30pm @ JFE Board games @ Drop-in 6-8pm</p>	<p>5 NHE Intramurals 12-1pm Adult Fitness 5-8pm Late Night Games @ Drop-in 9pm to 12am</p>	<p>6 <b>HOCKEYVILLE</b> Floor Hockey Tournament  (Times to be announced.)</p>
7	<p>8 Teen Fitness 3:30-5pm Adult Fitness 5-8 pm Bootcamp w/Tammy @ FNS 5-6pm Men's Floor Hockey 6:30-8pm</p>	<p>9 Step w/Tammy 12-1pm Youth leadership w/Pansy 1:30-3pm Nash Basketball Tourney Training Teams @ JFE 5-7pm</p>	<p>10 Mom's &amp; Tots Skate @ Arena 1-3pm Floor Hockey 4-6pm(12 &amp; under) Gitxsan Dancing 6-8pm</p>	<p>11 Step w/Tammy 12-1pm Circuit Fitness w/Evie 4:30-5:30pm @ JFE Board games @ Drop-in 6-8pm</p>		
<p>14 <b>Toonie "Toothfairy" Matinee</b> 3 pm</p>	<p>15 <b>*CANADA FLAG DAY*</b> Teen Fitness 3:30-5pm Adult Fitness 5-8 pm Bootcamp w/Tammy @ FNS 5-6pm Men's Floor Hockey 6:30-8pm</p> 	<p>16 Step w/Tammy 12-1pm Youth leadership w/Pansy 1:30-3pm Nash Basketball Tourney Training Teams @ JFE 5-7pm</p>	<p>17 Mom's &amp; Tots Skate @ Arena 1-3pm Floor Hockey 4-6pm(12 &amp; under) Gitxsan Dancing 6-8pm</p>	<p>18 Step w/Tammy 12-1pm Circuit Fitness w/Evie 4:30-5:30pm @ JFE Board games @ Drop-in 6-8pm</p>	<p>19 PRO-D DAY SKIING/SNOWBOARDING FIELDTRIP @ Smithers (10yrs +) 20 max. \$10 /person.</p>	<p>20 <b>FAMILY BOWLING</b> @ Terrace  Sign up @ Drop-in</p>
21	<p>22 Teen Fitness 3:30-5pm Adult Fitness 5-8 pm Bootcamp w/Tammy @ FNS 5-6pm Men's Floor Hockey 6:30-8pm</p>	<p>23 Step w/Tammy 12-1pm Youth leadership w/Pansy 1:30-3pm Nash Basketball Tourney Teams @ JFE 5-7pm</p>	<p>24 Mom's &amp; Tots Skate @ Arena 1-3pm Floor Hockey 4-6pm(12 &amp; under) Gitxsan Dancing 6-8pm</p>	<p>25 Step w/Tammy 12-1pm Circuit Fitness w/Evie 4:30-5:30pm @ JFE  <b>Community Potluck 5-7pm</b></p>	<p>26 NHE Intramurals 12-1pm <b>MIDNIGHT MADNESS SWIM</b> @ Smithers (12+yrs) 22 max</p>	<p>27 <b>LOVE</b></p>
28	<p><b>***All activities are at Gitanmaax Hall unless stated otherwise</b></p>		<p><b>Please contact Janet or Lena @ 842-6701 for more information.</b></p>		