



## **Gitanmaax Health & Wellness Centre Healthy Living Navigator**

**Position:** Healthy Living Navigator

**Department:** Gitanmaax Health & Wellness Centre

**Hours:** Full-time, Monday–Friday, 8:30am–4:30pm

**Salary:** \$30/hour (DOE)

**Closing Date:** March 27, 2026, or until filled

---

The **Healthy Living Navigator** promotes healthy living and well-being for Gitanmaax community members through education, prevention, and harm reduction, supporting a lifestyle free from alcohol and substance use. The Navigator provides counselling and guidance for individuals facing challenges related to alcohol, tobacco, drugs, or other concerns.

The role may involve counselling individuals, families, or groups, as well as supporting community prevention programs. Using a case management approach, the Navigator collaborates closely with Mental Health Case Managers and various community agencies. Responsibilities include case coordination, planning, and implementation of wellness programs. The Navigator also conducts assessments and provides interventions or referrals related to addictions, emotional concerns, abuse, violence, grief, loss, and intergenerational impacts.

The Healthy Living Navigator must model a healthy lifestyle reflective of the program's purpose.

---

### **Accountability**

The Healthy Living Navigator reports directly to the **Health Director**.

---

## **Duties & Responsibilities**

Under the direction of the Health Director, the Healthy Living Navigator will:

- Conduct community outreach, presentations, and workshops
  - Provide intakes, counselling, and referrals to appropriate agencies
  - Maintain client files in alignment with standard procedures
  - Facilitate Treatment Centre applications
  - Support access to community services and resources
  - Liaise and coordinate with service providers
  - Deliver educational programs
  - Assist clients in developing life and health skills
  - Participate in team planning and quality improvement activities
  - Maintain a safe and healthy environment for clients and staff
  - Prepare reports as required
- 

## **Knowledge & Abilities**

- Knowledge of community, social, and health resources
  - Ability to work in multidisciplinary settings with community professionals
  - Strong critical thinking, logical reasoning, and analytical skills
  - Knowledge of substance misuse and harm reduction models
  - Understanding of treatment guidelines and referral processes
  - Knowledge of Trauma-Based Practice
  - Ability to recognize mental health issues and refer appropriately
  - Familiarity with the Mental Health Act and professional standards
  - Skills in teaching and modelling healthy life skills
  - Ability to build rapport and recognize client behavioural changes
  - Conflict resolution and non-violent crisis intervention skills
  - Ability to work independently and as part of a team
  - Strong verbal and written communication skills
  - Ability to prioritize tasks and meet deadlines
  - Physically able to perform job duties
  - Competent with office equipment and MS Word, Excel, PowerPoint
  - Knowledge of Gitxsan culture and language is an asset
  - Ability to provide land-based healing and traditional supports
-

## Qualifications

- Demonstrates and models a healthy, balanced lifestyle
  - Diploma from a recognized Social Services Worker program **OR** relevant post-secondary education related to addictions (e.g., Counselling Skills Training), or an equivalent combination of education and experience
  - Minimum two (2) years of recent, related experience
  - Current Criminal Record Check with Vulnerable Sector Screening
  - Valid B.C. Driver's License and Driver's Abstract
- 

## How to Apply

Please submit a **cover letter, resume, and three references** to:

**Email:** [healthdirector@gitanmaaxhealth.ca](mailto:healthdirector@gitanmaaxhealth.ca)

**Attention:** Beverley Clifton Percival

Health Director, Gitanmaax Health & Wellness Centre

21 Kispiox Valley Road

Gitanmaax, B.C. V0J 1Y2

**Fax:** (250) 842-6399

---

**We thank all applicants for their interest; however, only those selected for an interview will be contacted.**

---